

Marrowstone Island Community Association (MICA)

March 15, 2022

Meeting Agenda

7:00 – 8:30 PM, on ZOOM

<u>TIME</u>	<u>ITEM</u>	<u>SPEAKER</u>
7:00	Call to order and Introductions	Linda Secord
7:05	Committee Reports and Announcements <ul style="list-style-type: none">• Treasurer’s Report• MIF• Cemetery Committee• Garden Club• FoFF	Susan Petek Bud Ayers Bruce Carslon Leslie Watkins Mark Secord
7:20	Citizen of the Year Award (s)	Vigo Anderson and Bruce Carlson
7:40	Keynote Presentation	Fire Chief Bret Black, EJFR, and David Carlbom, M.D. Medical Program Director, Jefferson County EMS
8:10	Concluding Remarks and Adjourn	Linda Secord

Marrowstone Island Community Association (MICA)

Meeting Minutes

March 15, 2022

The meeting was called to order by Acting President Linda Secord at 7:02 PM. The meeting was conducted again via ZOOM due corona virus epidemic health safety measures. Linda welcomed all that were signed on via ZOOM. Linda started the meeting with recognition of us living in the shadow of what was happening in the Ukraine and that the MI community was fortunate to be living on island with supportive people.

Committee Reports and Announcements

Treasurer's Report

Susan Petek reported the MICA General Fund balance of \$1,027, Cemetery Fund balance of \$12,675, and the Cemetery CD balance of \$15,032.

Marrowstone Island Foundation (MIF) Report

Bud Ayres spoke about the Island Fire Department new building status. He reported that 1 August as the expected arrive date for the building. As of this date the cost of the building was still being held at \$128K but the cost of the effort may have risen slightly due to increasing lumber prices and taxes and that a minor fund raiser may be necessary to meet the final price. MIF 2022 elections will be on 17 March and there will be 5 names on the ballot.

Cemetery Report

Bruce Carlson stated that a review of income and expenses from the past few years indicates that groundskeeping expenses have grown to exceed revenues from plot sales. At the next MICA meeting, the Committee will have some proposals for consideration by the MICA membership regarding a possible increase in the price of plots and other options.

Several improvements are underway at the Cemetery including raising a number of grave markers which have settled into the earth too far to allow for mowing, and designing the layout of Section E at the rear of the cemetery which will provide 175 additional plot spaces. These will be completed in the coming weeks.

A tentative License Agreement has been reached with the Jefferson Land Trust regarding continued Cemetery use of a small section of land inside the fence of the Cemetery which

actually is within the recorded boundaries of the property purchased by the Jefferson Land Trust for the Reserve. There are no grave sites affected.

Friends of Fort Flagler [FoFF] Report

Mark Secord reported that the annual FoFF membership meeting would occur on 5 April via ZOOM. Mark Brown is the chair of the Washington Parks and Recreation Commission would speak at the April meeting. Mark noted that there were members from last year that have not renewed their 2022 membership. He encouraged last year's members to renew. A major project for 2022 will be the replacement of 10 or 11 benches with new benches. Washington Parks funds will help complete the project. There will be a membership survey conducted via email to learn about what members value and use in the park. Members are encouraged to complete the survey.

Bud Ayers asked what the price per bench was. Is \$500 a bench a good estimate? Mark indicated that there would be no name or placard on the new benches.

Garden Club Report

Leslie Watkins gave the Garden Club report. She stated that there a major renovation of the building was planned. The renovation would be starting 27 April. \$25,000 is being raised for the work but more may be needed. Raising funds will be via numerous ways; go fund me pages, amazon smiles, and donations. Contractor for the work will add new siding and insulation.

Hoping that the Strawberry Festival would happen this year but was still dependent on COVID status at the time.

2020 Citizen of the Year Marrowstone Island Award¹

Vigo Anderson named the Marrowstone Island Citizens of the Year for 2020. MICA and the Citizen of the year committee were pleased to announce that John and Carol Gonnella have been selected. To be considered for this award the recipient(s) must have met the following high-level requirement: "They must have been involved in the performance of a service or services which have long lasting and beneficial effect on the island community and/or Jefferson County."

In summary John and Carol have lived on the island for 6 years and Carol has served as MICA President and Vice-President. John has supported the community applying his skills in First Aid, CPR, EMT, and AED Training. Together they fought to prevent the award of permits that would have brought a cannabis growing and processing facility to the island. Vigo requested that all congratulate John and Carol in the 2020 award.

¹ Detailed nomination qualifications and nomination presentation for the 2020 award can be found on the Marrowstone Island IO Group and at the end of these minutes.

John and Carol responded that they were shocked and pleased to learn about this award and expressed their thanks.

2021 Citizen of the Year Marrowstone Island Award²

Bruce Carlson named the Marrowstone Island Citizens of the Year for 2021. MICA and the Citizen of the year committee were pleased to announce that Kenneth and Judith Glass Collins have been selected.

In summary Kenneth and Judith are known for establishing Marrowstone Vineyards with its fine wines and also providing a venue for local artists at the vineyard. They donate proceeds to organizations throughout Jefferson County. Additionally, Judith volunteers in the local arts and in groups benefiting women in the community while Kenneth has participated on the MICA and MIF boards is an elected commissioner of PUD and a leader on their board.

Bruce stated that we are fortunate to have Ken and Judith call Marrowstone Island home and that they are richly deserving of the recognition of the 2021 Citizens of the Year.

Ken made a small announcement that PUD has 3 grants totaling \$25M for fiber optic cable to the door of the house. Potentially within a year MI houses could have 100 Mbps reciprocal service.

Keynote Presentations of the Evening

The keynote presentation tonight was a conversation with Fire Chief Bret Black, EJFR, and David Carlbom, M.D. Medical Program Director, Jefferson County EMS, with a focus on medical emergency services on Marrowstone Island.

Fire Chief Bret Black congratulated the winners of the 2020 and 2021 Citizen of the Year awards.

Chief Black introduced Deborah Tillman as the new fire commissioner for East Jefferson Fire Rescue. Her career in fire service includes responding to emergency calls in nearly every fire district in Jefferson County during a span that stretched from 1999 to 2016. Deborah was a fire commissioner for the Quilcene Fire Department previously. In 2018 Deborah received her master's degree in science nursing and became a nurse practitioner.

Chief Black spoke about the upcoming Columbia Center stair climb event that EJFR would be participating in as a fund raiser. Pat from Marrowstone Island would be part of this event and he emphasized that this was completed on-air with no break!

David Carlbom, M.D Presentation

² Detailed nomination qualifications and nomination presentation for the 2021 award can be found on the Marrowstone Island IO Group and at the end of these minutes.

Chef Black introduced David Carlbom, M.D. Medical Program Director, Jefferson County EMS. Historically Dr Carlbom started young as an Explorer Scout on Bainbridge Island. Today Dr Carlbom's medical specialties include critical care medicine, pulmonary and respiratory disease care, and trauma critical care.

Dr Carlbom stated that key to good rural EMS is to move critical ICU forward to the time of first response. This puts a critical step in the hands of the EMTs and Mobile Integrated Healthcare–Community Paramedicine to provide healthcare using patient-centered, mobile resources in the out-of-hospital environment. He stated that as his guiding philosophy he believes in access to excellence for serving the person in need through non-invasive monitoring, resuscitation, and prehospital critical care scenarios. Time critical response to conditions like cardiac arrest and myocardial infarction is vital for treatment of cardiac and stroke care when every minute of intervention counts towards improving long-term outcomes.

Dr Carlbom thinks that the EMT is key to good medicine. Being present and showing compassion in an emergency is important. This starts with personal sacrifices by the pre-hospital providers to assure a good outcome. The EMT needs to have mindfulness of the situation, be aware of conditions, respond, and listen.

An EMT has to be like Cmdr. Joe, a service dog who works to detect stress in people allowing mental health workers to step in and offer help.

Cardiac arrest is the biggest stress on the EMS. Dr Carlbom references the “slope of death”. The slope of death tells us that for every minute where nothing is done, a cardiac arrest victim's chances of survival decrease by 10%. By 10 minutes, a person's chances of survival are close to 0% if nothing has been done. This is why EMS staff and the community need best practices for CPR. The more effectively we can train community on when CPR is needed and how to perform CPR, they will be prepared when the worst happens. Get CPR started immediately then call for help and lay community members need to continue while waiting for EMS.

People who have cardiac arrests in public are more likely to survive if a bystander uses an AED (automated external defibrillator) before emergency responders arrive. Teaching people how to use them can increase the rate of bystander AED use and increase cardiac arrest survival rates by 75%.

The Cardiac Arrest Registry to Enhance Survival (CARES) data base helps communities measure performance and identify how to improve cardiac arrest survival rates. It turns out the Jefferson County has very high good results when compared to other counties in the US and Canada.

Chief Black Presentation

In reference to Dr Carlbom's presentation Chief Black stated that dates for public CPR classes are posted on the line on the East Jefferson Fire Rescue website.

Fire Station 1-2 on Marrowstone Island houses Aid 1-2 and Engine 1-2. This station is not typically staffed but is instead served by 4 Fire and EMS volunteers that live on the island. EJFR fields a large number of calls, in 2021 the average number of daily calls for service was approximately 13 and over 4,800 calls were logged for the year. In support of this large number of calls EJFR is creating a strategic plan for the future the results of the survey will be used to make a community risk assessment. The results of this plan and assessment will be taken to the commissioners.

Because of the lack of housing at Fire Station 1-2 it can offer no staffed services. EJFR and the Marrowstone Island Foundation (MIF) have formally broken ground for Fire Station 1-2 Construction Site. improvement project. With this \$200K improvement project there will soon be quarters to house volunteer first responders. The septic is done. The project is looking for a builder(s) for utilities and foundation for the building.

Concluding Remarks and Adjourn

At approximately 8:10 PM Linda closed the meeting and congratulated the new COY for 2020 and 2021, thanked the keynote presenters, and thanked all the Marrowstone Island Members in attendance.

Marrowstone Island Citizens of the Year for 2020

The Marrowstone Island Community Association and the Citizen of the Year Committee is pleased to announce that John and Carol Gonnella have been selected as the Marrowstone Island Citizens of the Year for 2020. Following a two-year pandemic delay we were finally able to meet in person and make selections for both 2020 and 2021. In a following announcement we will present the recipients for 2021. This selection criterion can easily be summed up by the following: "They must have been involved in the performance of a service or services which have long lasting and beneficial effect on the island community and/or Jefferson County". The following are some of their many beneficial activities this couple have been involved in during their six years of living on Marrowstone Island.

Carol has been both the Vice President and President of the Marrowstone Island Community Association where she brought new energy and enthusiasm to the organization. Outside the island community she has been an active participant in the AAUW Scholarship program, fundraising, and AAUW Tri Area Liaison.

John has made a significant contribution to our collective welfare by providing leadership and skills in First Aid, CPR and AED Training. He has provided a number of EMT related training classes for island residents. He even went further and developed a special infant CPR course for several mothers on Marrowstone. He continues to volunteer as an EMT responding to calls on the island. He has also been involved in construction projects for the Friends of Fort Flagler.

Their most significant contribution was in the long term common good for Marrowstone Island residents was to take on the challenge of preventing a 10,000 sq. ft. cannabis grow and processing facility from gaining a permit on the island. She applied her legal talents and organizational ability to organize the community to eventually deny the conditional use permit. But, she did not stop there. Along with other extremely dedicated island residents, she continued to rally islanders and proposed revisions to county codes. She also collaborated with residents of the Coyle Peninsula to battle a similar proposed marijuana grow and processing facility. In the end, the county codes were revised and approved to block all marijuana grow in Rural Residential 5, 10 and 20 areas and blocked the proposed Coyle facility.

Few couples rise to this level of fighting for and ensuring permanent protections for our collective futures on Marrowstone Island and Jefferson County. ßPlease join us in congratulating John and Carol Gonnella our selectees for the Marrowstone Island Citizens of the Year for 2020.

Marrowstone Island Citizens of the Year for 2021

The Citizen of the Year selection committee is always impressed to learn about the many ways the people nominated have risen up to make significant and lasting contributions to the Marrowstone Island community. Seldom seeking recognition, they sometimes work so quietly that we may not even be aware of their efforts, but always giving considerable time, expertise, and deep caring for the greater good of us all. For 2021 it is another couple who have been selected as Citizens of the Year. Sometimes they have worked together, other times individually, and often with other islanders. In addition to their talents, they have evinced strong commitment to causes that they believe are of crucial importance in our society. Causes you will recognize as passionate convictions they have held for many years and are committed to continuing to support until true change is realized. It is our privilege to announce Kenneth and Judith Glass Collins as 2021 Marrowstone Island Citizens of the Year.

Kenneth and Judith are known for: Establishment of Marrowstone Vineyards – developing wines to be proud of, providing opportunities for employment, a venue for local artists to share and sell their creations, and a source of pro-bono support for many organizations for fundraisers and mixers. They have donated proceeds to organizations such as Jefferson County Humane Society. They have given generous support for Jefferson Land Trust, Paradise Theater Company, Key City Public Theater, Nordland Garden Club, Port Townsend Chamber of Commerce and more. And in their “spare time” are participants in the Master Gardener Program.

Judith has given many unique and varied gifts of herself: Volunteer in Community Theater with KCPT, as an actor, producer and avid spokesperson promoting the arts. Advocate for organizations benefiting women including Dove House, American Association of University Women and ‘Dress for Success’. Teaching for the Centrum Writer’s Conference. Service as Board Member of Jefferson County Humane Society. Member of FOFF Board of Directors.

Kenneth: Local leadership of MICA and MIF Boards. Lobbying EJFR for improved fire and EMS services to the island. Elected Commissioner and serving as Leader of the PUD Board. Taking a proactive stance towards energy and water conservation. Expansion of high speed broadband internet service to the island and Jefferson County. Testifying at State hearings lobbying for rural broadband funding. Continuously seeking to protect vulnerable citizens from abrupt service terminations and costly reconnection fees.

Judith and Kenneth do not sit still. They continuously strive for causes that matter to the greater community and certainly to all of us who live on Marrowstone Island. We are fortunate to have Ken and Judith call Marrowstone Island home. They are richly deserving of recognition as 2021 Citizens of the Year.

Congratulations Judith and Ken!